

ACHIEVEMENT

It Starts in Parks



Big achievements in life start with small successes. Like learning how to be a part of a team. Or figuring out that excellence comes from a daily commitment of time and hard work. Rolling Meadows Park District gives children a chance to learn those life lessons, to experience success early, and to dream big. Parks and Recreation builds future leaders by giving youth an opportunity to lead. Personal Achievement. It Starts in Parks.

CONSERVATION

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Air. Land. Water. These are our greatest natural treasures. Yet, the growing population threatens the quality and quantity of these vital resources. Conserving green spaces and waterways for generations to come is crucial to the community. Rolling Meadows Park District works to preserve what is precious. It Starts in Parks.

COMMUNITY

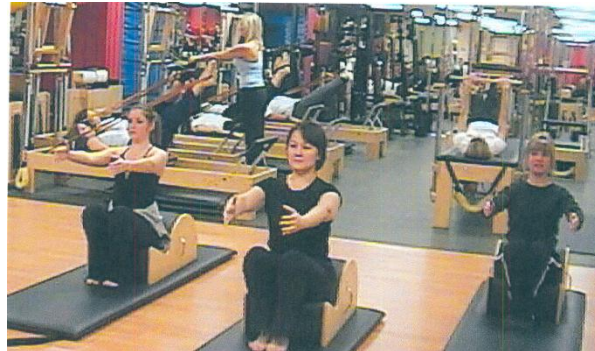
It Starts in Parks



What transforms homeowners into a community? A chance for people to connect. Parks and Recreation provide that chance. Rolling Meadows Park District is where friendships are formed, where the gap between generations is bridged, where people discover what they have in common. How do you grow a hometown that is a proud community? It Starts in Parks.

GOOD HEALTH

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Physical activity is the key to maintaining health, preventing disease and feeling great. A growing body of research shows that physically active adults and children are less prone to obesity, diabetes, heart disease – even depression. Rolling Meadows Park District provides a variety of free or inexpensive opportunities to get out and play. Physical activity and good health. It Starts in Parks.

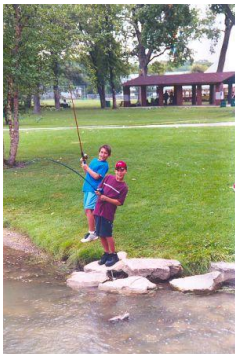
ECONOMIC DEVELOPMENT *It Starts in Parks*



Parks offer the perfect place for community and regional events – that draw visitors and new dollars into our backyards. Parks and Recreation also provides local jobs and are where many young people can get their start working. A vibrant growing community.

It Starts in Parks.

Respect for NATURE It Starts in Parks



Whether it's feeling the sun on your face, learning how things grow or enjoying the awe inspiring beauty of a summers day, nature's creation inspires us and gives us respite from our busy lives. Spending time outside reminds us of our unique place in the world a connection to nature. It Starts in Parks.