

# Ice Skating

## United States Figure Skating Association

The United States Figure Skating Association, is the governing body of amateur figure skating clubs in the United States. Tests in moves, freestyle, pair & dance are the measurement of progress in the various branches of the sport.

Competitions on every level are a principal incentive for figure skaters to train, develop and improve their proficiency. By ascending the competition "ladder", competitors registered with the U.S. Figure Skating Association gain entry into international figure skating events among them the World Championships and the Olympic Games.

## Ice Skating Institute

The Ice Skating Institute, I.S.I. is an instructional program that appeals to all ice skating interests and styles for the purpose of encouraging people of all ages to skate more often.

All skaters enrolled in the Learn to Skate program are eligible to become individual members of the Ice Skating Institute.

A cost of \$15 for an I.S.I. membership includes your own national membership and registration number, identification card, one year subscription to Recreational Ice Skating Magazine, a limited accident insurance policy, membership certificate and membership badge.

## ISI Test Registration & Patches

Skaters may receive a patch and have their tests registered with I.S.I. only if they have an I.S.I. membership. Forms for membership are available in the Nelson Sports Complex office.

## Frost Fest Individual Competition

More than two hundred competitive skaters from the Chicago area will gather at West Meadows Ice Arena on Wednesday, December 28, 2011 to compete in our 14th annual Frost Fest competition. Children from the age of three (3) to adults will be competing in solo, compulsories, music interpretation and synchronized skating. Chicago Jazz Synchronized Skating teams will also be doing exhibitions highlighting their competitive programs for the new year. To enter, contact the Nelson Sports Complex office at 847-818-3210. Spectators welcome, admission is free.

## Figure Skating School Presents SUMMER CAMP 2012

June 11 - August 10 (9 weeks)

3 Days/week (M/W/F) 9am-3:30pm

All levels welcome/Tracks for Beginners-Advanced

RMPD Summer Skating Camp is for recreational and competitive skaters alike. Our camp includes an exciting array of specialty classes and activities both on and off the ice. Instructed by experienced national USFS and PSA accredited coaches, this skating curriculum will help skaters to reach their full potential.

### CAMP FEATURES:

Off ice warm up and goal setting  
On ice stroking and power class  
Off ice dance, conditioning and flexibility class  
On ice specialty classes (i.e. Annie's edges, Jump technique, Spin, Style)  
Freestyle practice ice  
Assorted extra activities  
Skaters will be monitored on and off the ice  
Free participation in end of summer exhibition

Specific classes subject to change based on enrollment. Additional practice ice and classes may be purchased from the full summer schedule (available separately). Before or after care is available for campers in need of a longer day. Skaters requiring a five day per week program or for any further information, please contact Leanne Walsh at lwalsh@rmparks.org or 847-818-3210. More information to follow in our summer catalog. Early registration February 13-March 31. Fee R/NR \$699. Price will increase April 1 and May 1.

## Jerry's Pro Shop 847-398-7446

Chicagoland's premier hockey and figure skating store, is located in the West Meadows Ice Arena.

## Public Skate - Reasonably Priced!

We offer public skating at both the Nelson Sports Complex Ice Arena and West Meadows Ice Arena.

Public Skate is a great family outing opportunity.

- Pay a daily fee *or*
- Purchase a yearly pass; it pays for itself in no time!

## Public Skate Daily Fees

	Fee R/NR
Daily Fee	\$5/\$7
Skate Rental	\$3/\$3

\*Rolling Meadows I.D. required for Resident rate.

## Season Pass Fees Passes valid 9/1/11 - 8/31/12

Individual	\$50/\$90
Family (4)	\$85/\$140
Add'l Mem.	\$8/\$12

## Public Skate Schedule

### Nelson Sports Complex

3900 Owl Drive, RM, 847-818-3210

Friday 7:30-9pm

Saturday 1:30-3pm

Sunday 2:30-4pm

### West Meadows

3939 Winnetka Ave., RM, 847-398-2700

Monday-Friday 11:35am-1pm

## Public Skate Monthly Themed Dates!

Check out our ice arena page on our website [rmparks.org](http://rmparks.org) to see our monthly themes.

## Skate With Santa (12/19-12/23)

Come skate with **Santa** during public skate and get your picture taken on the zamboni! All "Skate With Santa" public skates will be at Nelson Sports Complex Monday-Thursday, 12/19-12/22, 12-2pm

Friday, 12/23, 7-9pm

## Attention Parents/Guardians

Listed below are several safety guidelines the Park District encourages parents/guardians to follow when dropping their child(ren) off at a park district program.

- Please escort children to and from the building, pool, field etc.
- Please take child directly into class or activity area.
- Please try to stay with child until the instructor arrives/begins the class.
- On occasion an instructor may encounter an emergency or an unexpected situation which causes them to be late or miss a class. If this occurs, the instructor notifies the program supervisor as soon as possible and the supervisor addresses the situation as quickly as possible.

## Chicago Jazz

### Synchronized Skating

Rolling Meadows Park District ice arenas are the home rinks for the Chicago Jazz Synchronized Skating Teams. There are seven teams representing the Chicago Jazz. Two teams, the Mousettes and the Shooting Stars, skate in the Ice Skating Institute (ISI) competitions and the other five represent the Chicago Figure Skating Club in U.S. Figure Skating competitions. We are proud to announce that our teams had a wonderfully successful season. At the 2011 U.S. Nationals, the Jazz won the Silver Medal in the juvenile division and the Pewter Medal in the Junior division. Congratulations to all of the Chicago Jazz skaters on another spectacular season! For more information about Chicago Jazz or becoming a member, contact Mike Nardella at 847-541-5772.

