

Hot Shot Tots Gymnastics

An enjoyable physical, mental and social experience for your toddler to age 3. A playful parent/tot class centered around age appropriate movements using specialized tot-size gymnastics equipment. This class will enhance your toddler's body awareness; make him or her more confident.

Hot Shot Tots *Pre-Registration is Required

FALL SESSION 1

Code	Age	Days	Dates	Time	R/NR Fee
11-1300-1-1-1	Walkers +	Tues.	8/24-10/12	9:15-10:00am	\$88/\$108
11-1300-1-1-2	Walkers +	Wed.	8/25-10/13	9:15-10:00am	\$88/\$108
11-1300-1-1-3	Walkers +	Wed.	8/25-10/13	6:15-7:00pm	\$88/\$108
11-1300-1-1-4	Walkers +	Thurs.	8/26-10/14	11:15-12:00pm	\$88/\$108
11-1300-1-1-5	Walkers +	Fri.	8/27-10/15	11:15-12:00pm	\$88/\$108
11-1300-1-1-6	Walkers +	Sat.	8/28-10/16	9:00-9:45am	\$88/\$108

Hot Shot Tots *Pre-Registration is Required

FALL SESSION 2

Code	Age	Day	Dates	Time	R/NR Fee
11-1300-1-2-1	Walkers +	Tues.	10/19-12/14	9:15-10:00am	\$99/\$119
11-1300-1-2-2	Walkers +	Wed.	10/20-12/15	9:15-10:00am	\$88/\$108
11-1300-1-2-3	Walkers +	Wed.	10/20-12/15	6:15-7:00pm	\$88/\$108
11-1300-1-2-4	Walkers +	Thurs.	10/21-12/16	11:15-12:00pm	\$88/\$108
11-1300-1-2-5	Walkers +	Fri.	10/22-12/17	11:15-12:00pm	\$88/\$108
11-1300-1-2-6	Walkers +	Sat.	10/23-12/18	9:00-9:45am	\$88/\$108

No Class: 11/24, 11/25, 11/26, 11/27



3 Year Olds

No parents necessary here! This class helps children take that big step towards independence. With encouragement from skilled instructors, the class faces physical challenges which give them stronger bodies and sharper minds as well as a clearer understanding of their bodies and limitations.

3 Year Olds *Pre-Registration is Required

FALL SESSION 1

Code	Age	Day	Dates	Time	R/NR Fee
9-1300-1-1-7	3	Mon.	8/23-10/11	9:15-10:00am	\$77/\$97
9-1300-1-1-8	3	Mon.	8/23-10/11	1:00-1:45pm	\$77/\$97
9-1300-1-1-9	3	Mon.	8/23-10/11	6:15-7:00pm	\$88/\$108
9-1300-1-1-10	3	Tues.	8/24-10/12	10:15-11:00am	\$88/\$108
9-1300-1-1-11	3	Wed.	8/25-10/13	11:15-12:00pm	\$88/\$108
9-1300-1-1-12	3	Thurs.	8/26-10/14	9:15-10:00am	\$88/\$108
9-1300-1-1-13	3	Fri.	8/27-10/15	9:15-10:00am	\$88/\$108
9-1300-1-1-14	3	Fri.	8/27-10/15	2:00-2:45pm	\$88/\$108
9-1300-1-1-15	3	Sat.	8/28-10/16	10:00-10:45am	\$88/\$108

No Class: 9/6

3 Year Olds *Pre-Registration is Required

FALL SESSION 2

Code	Age	Day	Dates	Time	R/NR Fee
11-1300-1-2-7	3	Mon.	10/18-12/13	9:15-10:00am	\$99/\$119
11-1300-1-2-8	3	Mon.	10/18-12/13	1:00-1:45pm	\$99/\$119
11-1300-1-2-9	3	Mon.	10/18-12/13	6:15-7:00pm	\$99/\$119
11-1300-1-2-10	3	Tues.	10/19-12/14	10:15-11:00am	\$99/\$119
11-1300-1-2-11	3	Wed.	10/20-12/15	11:15-12:00pm	\$88/\$108
11-1300-1-2-12	3	Thurs.	10/21-12/16	9:15-10:00am	\$88/\$108
11-1300-1-2-13	3	Fri.	10/22-12/17	9:15-10:00am	\$88/\$108
11-1300-1-2-14	3	Fri.	10/22-12/17	2:00-2:45pm	\$88/\$108
11-1300-1-2-15	3	Sat.	10/23-12/18	10:00-10:45am	\$88/\$108

No Class: 11/24, 11/25, 11/26, 11/27



Gymnastics . . .

4-5 Year Olds

These children are beginning to really step out and move. We know it is even more essential that their physical challenges be monitored for safety and that their attempts are rewarded so risks become exciting and failed attempts are seen for what they are—learning experiences.

4-5 Year Olds Pre-Reg. is Required

No Class: 9/6

FALL SESSION 1

Code	Ages	Day	Dates	Time	R/NR Fee
11-1300-1-1-16	4-5	Mon.	8/23-10/11	10:15-11:00am	\$77/\$107
11-1300-1-1-17	4-5	Mon.	8/23-10/11	7:00-7:45pm	\$77/\$107
11-1300-1-1-18	4-5	Tue.	8/24-10/12	11:15-12:00pm	\$88/\$118
11-1300-1-1-19	4-5	Tue.	8/24-10/12	2:00-2:45pm	\$88/\$118
11-1300-1-1-20	4-5	Wed.	8/25-10/13	10:15-11:00am	\$88/\$118
11-1300-1-1-21	4-5	Wed.	8/25-10/13	1:00-1:45pm	\$88/\$118
11-1300-1-1-27	4-6	Thurs.	8/26-10/14	10:15-11:00am	\$88/\$108
11-1300-1-1-22	4-5	Thurs.	8/26-10/14	2:00-2:45pm	\$88/\$118
11-1300-1-1-23	4-5	Fri.	8/27-10/15	10:15-11:00am	\$88/\$118
11-1300-1-1-24	4-5	Fri.	8/27-10/15	1:00-1:45pm	\$88/\$118
11-1300-1-1-25	4-5	Sat.	8/28-10/16	11:00-11:45am	\$88/\$118

4-5 Year Olds *Pre-Reg. is Required

No Class: 11/24, 11/25, 11/26, 11/27

FALL SESSION 2

Code	Ages	Day	Dates	Time	R/NR Fee
11-1300-1-2-16	4-5	Mon.	10/18-12/13	10:15-11:00am	\$99/\$119
11-1300-1-2-17	4-5	Mon.	10/18-12/13	7:00-7:45pm	\$99/\$119
11-1300-1-2-18	4-5	Tue.	10/19-12/14	11:15-12:00pm	\$99/\$119
11-1300-1-2-19	4-5	Tue.	10/19-12/14	2:00-2:45pm	\$99/\$119
11-1300-1-2-20	4-5	Wed.	10/20-12/15	10:15-11:00am	\$88/\$108
11-1300-1-2-21	4-5	Wed.	10/20-12/15	1:00-1:45pm	\$88/\$108
11-1300-1-2-27	4-6	Thurs.	10/21-12/16	10:15-11:00am	\$88/\$108
11-1300-1-2-22	4-5	Thurs.	10/21-12/16	2:00-2:45pm	\$88/\$108
11-1300-1-2-23	4-5	Fri.	10/22-12/17	10:15-11:00am	\$88/\$108
11-1300-1-2-24	4-5	Fri.	10/22-12/17	1:00-1:45pm	\$88/\$108
11-1300-1-2-25	4-5	Sat.	10/23-12/18	11:00-11:45am	\$88/\$108

Kindergarten

This class is for the little gymnast who already has some school experience. Because of their age, kindergarteners are able to handle a class which is slightly more "skill oriented." With the influence of positive reinforcement, children are afforded appropriate challenges which prepare them, physically and mentally, for our developmental gymnastics classes.

FALL SESSION 1

No Class: 9/6

Kindergarten – Pre 1st Grade - Boys

Code	Ages	Day	Dates	Time	R/NR Fee
11-1300-1-1-31	5-6	Tue.	8/24-10/12	4:00-5:00pm	\$88/\$108
11-1300-1-1-35	5-6	Sat.	8/28-10/16	1:00-2:00pm	\$88/\$108

Kindergarten – Pre 1st Grade - Girls

Code	Ages	Day	Dates	Time	R/NR Fee
11-1300-1-1-29	5-6	Mon.	8/23-10/11	4:00-5:00pm	\$77/\$97
11-1300-1-1-34	5-6	Sat.	8/28-10/16	12:00-1:00pm	\$88/\$108

Kindergarten – Pre 1st Grade - Co-Ed

Code	Ages	Day	Dates	Time	R/NR Fee
11-1300-1-1-28	5-6	Mon.	8/23-10/11	11:15-12:00pm	\$77/\$107
11-1300-1-1-30	5-6	Tue.	8/24-10/12	1:00-1:45pm	\$88/\$118
11-1300-1-1-32	5-6	Wed.	8/25-10/13	2:00-2:45pm	\$88/\$118
11-1300-1-1-33	5-6	Thurs.	8/26-10/14	1:00-1:45pm	\$88/\$118

Birthday Party Info

Have your child's next birthday party at Rolling Meadows Park District gymnastics. We provide gymnastics, fun, and friendly cooperative games that are age appropriate and delight the children. Leave the mess at the gym and not in your home. A party last 1 and ½ hours, and the first hour is activities in the gym, led by one of our enthusiastic instructors, and the last half hour is reserved for the traditional birthday cake and treats. We supply permission slips for your party guests, the fun, and a friendly instructor to lead the activities, table and chairs for cake time. Parties are held on Sunday afternoon with two different time slots available. For more information or availability call David Ray at 847-818-3200 x223.
Fee: \$135.00 (up to 16 participants)

The Adventure Begins Here.



FALL SESSION 2

Kindergarten – Pre 1st Grade - Boys

Code	Ages	Days	Dates	Time	R/NR Fee
11-1300-1-2-32	5-6	Tue.	10/19-12/14	4pm-5pm	\$99/\$119
11-1300-1-2-35	5-6	Sat.	10/23-12/18	1pm-2pm	\$88/\$108

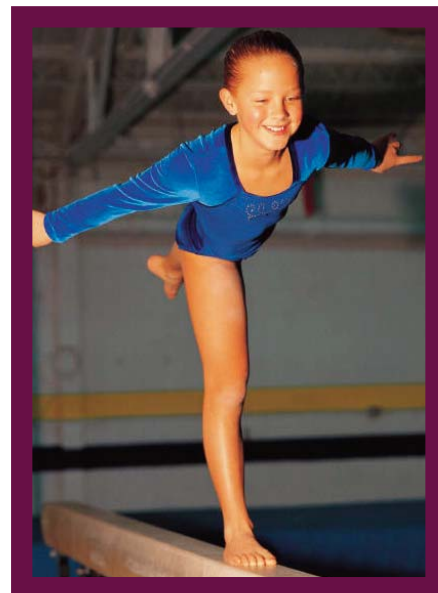
Kindergarten – Pre 1st Grade - Girls

Code	Ages	Days	Dates	Time	R/NR Fee
11-1300-1-2-29	5-6	Mon.	10/18-12/13	4pm-5pm	\$99/\$119
11-1300-1-2-34	5-6	Sat.	10/23-12/18	12pm-1pm	\$88/\$108

Kindergarten – Pre 1st Grade - Co-Ed

Code	Ages	Days	Dates	Time	R/NR Fee
11-1300-1-2-28	5-6	Mon.	10/18-12/13	11:15-12pm	\$99/\$119
11-1300-1-2-30	5-6	Tue.	10/19-12/14	1:00-1:45pm	\$99/\$119
11-1300-1-2-33	5-6	Wed.	10/20-12/15	2:00-2:45pm	\$88/\$108
11-1300-1-2-37	5-6	Thurs.	10/21-12/16	1pm-1:45pm	\$88/\$108

No Class: 11/24, 11/25, 11/26, 11/27



Tumbling

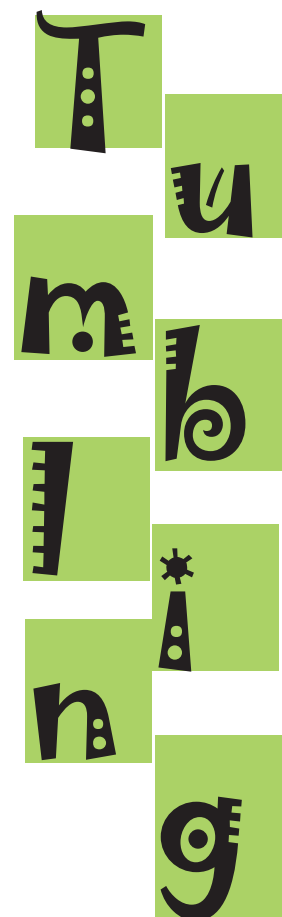
This program specializes on floor and trampoline skills. Specifically designed for the needs of cheerleaders and aspiring cheerleaders, the class features a strong emphasis on the tumbling and jumping skills which have become so necessary in this growing sport. There are 2 levels of tumbling classes offered; beginner (1) and intermediate (2). For safety reasons all students new to the tumbling programs should enroll for beginner level unless the tumbler can perform a back handspring unassisted. A back handspring is a jump backward flipping upside down to handstand and a push off the hands to return to one's feet.

FALL SESSION 1

Tumbling - *Pre-Registration is Required

Code	Ages	Days	Dates	Time	R/NR Fee	Level
11-2500-1-1-24	6-8	Tues.	8/24-10/12	4pm-5pm	\$88/\$108	Tumb 1
11-2300-1-1-25	6-8	Thurs.	8/26-10/14	4pm-5pm	\$88/\$108	Tumb 1
11-2300-1-1-26	9-13	Mon.	8/23-10/11	4pm-5pm	\$77/\$97	Tumb 1
11-2300-1-1-27	9-13	Wed.	8/25-10/13	4pm-5pm	\$88/\$108	Tumb 1
11-2300-1-1-28	9-13	Fri.	8/27-10/15	4pm-5pm	\$88/\$108	Tumb 1
11-2300-1-1-29	9-13	Sat.	8/28-10/16	2pm-3pm	\$88/\$108	Tumb 1/2
11-2300-1-1-30	9-13	Mon.	8/23-10/11	5pm-6pm	\$77/\$97	Tumb 2
11-2300-1-1-31	9-13	Wed.	8/25-10/13	5pm-6pm	\$88/\$108	Tumb 2
11-2300-1-1-32	9-13	Thurs.	8/26-10/14	5pm-6pm	\$88/\$108	Tumb 1
11-2300-1-1-33	14-18	Mon.	8/23-10/11	8pm-9pm	\$77/\$97	HS
11-2300-1-1-34	14-18	Wed.	8/25-10/13	8pm-9pm	\$88/\$108	HS

No Class: 9/6



FALL SESSION 2

Tumbling - *Pre-Registration is Required

Code	Ages	Days	Dates	Time	R/NR Fee	Level
11-2500-1-2-24	6-8	Tues.	10/19-12/14	4pm-5pm	\$99/\$119	Tumb 1
11-2300-1-2-25	6-8	Thurs.	10/21-12/16	4pm-5pm	\$88/\$108	Tumb 1
11-2300-1-2-26	9-13	Mon.	10/18-12/13	4pm-5pm	\$99/\$119	Tumb 1
11-2300-1-2-27	9-13	Wed.	10/20-12/15	4pm-5pm	\$88/\$108	Tumb 1
11-2300-1-2-28	9-13	Fri.	10/22-12/17	4pm-5pm	\$88/\$108	Tumb 1
11-2300-1-2-29	9-13	Sat.	10/23-12/18	2pm-3pm	\$88/\$108	Tumb 1/2
11-2300-1-2-30	9-13	Mon.	10/18-12/13	5pm-6pm	\$99/\$119	Tumb 2
11-2300-1-2-31	9-13	Wed.	10/20-12/15	5pm-6pm	\$88/\$108	Tumb 2
11-2300-1-2-32	9-13	Thurs.	10/21-12/16	5pm-6pm	\$88/\$108	Tumb 1
11-2300-1-2-33	14-18	Mon.	10/18-12/13	8pm-9pm	\$99/\$119	HS
11-2300-1-2-34	14-18	Wed.	10/20-12/15	8pm-9pm	\$88/\$108	HS

No Class: 11/24, 11/25, 11/26, 11/27



Gymnastics . . .

Youth Gymnastics

Our developmental gymnastics program is divided by gender and into groups 6-8 years, 9-13 years and high school. The 3 level program is designed to provide a non-competitive, achievement oriented program of progressive skills. Children will receive instruction in the Olympic gymnastics events.

Girls Youth Gymnastics

FALL SESSION 1 - *Pre-Registration is Required

Code	Ages	Days	Dates	Time	R/NR Fee	Level
11-2300-1-1-1	6-8	Mon.	8/23-10/11	4pm-5pm	\$77/\$97	Beg.
11-2300-1-1-2	6-8	Mon.	8/23-10/11	5pm-6pm	\$77/\$97	Beg.
11-2300-1-1-3	6-8	Tue.	8/24-10/12	4pm-5pm	\$88/\$108	Beg.
11-2300-1-1-4	6-8	Tue.	8/24-10/12	5pm-6pm	\$88/\$108	Beg.
11-2300-1-1-5	6-8	Wed.	8/25-10/13	4pm-5pm	\$88/\$108	Beg.
11-2300-1-1-6	6-8	Wed.	8/25-10/13	5pm-6pm	\$88/\$108	Beg.
11-2300-1-1-7	6-8	Thu.	8/26-10/14	4pm-5pm	\$88/\$108	Beg.
11-2300-1-1-8	6-8	Thu.	8/26-10/14	5pm-6pm	\$88/\$108	Beg.
11-2300-1-1-9	6-8	Fri.	8/27-10/15	4pm-5pm	\$88/\$108	Beg.
11-2300-1-1-10	6-8	Fri.	8/27-10/15	5pm-6pm	\$88/\$108	Beg.
11-2300-1-1-11	6-8	Sat.	8/28-10/16	12pm-1pm	\$88/\$108	Beg.
11-2300-1-1-12	9-13	Tues.	8/24-10/12	5pm-6pm	\$88/\$108	Beg.
11-2300-1-1-13	9-13	Wed.	8/25-10/13	7pm-8pm	\$88/\$108	Beg.
11-2300-1-1-14	9-13	Thurs..	8/26-10/14	4pm-5pm	\$88/\$108	Beg.
11-2300-1-1-15	9-13	Fri.	8/27-10/15	4pm-5pm	\$88/\$108	Beg.
11-2300-1-1-16	6-8	Tues.	8/24-10/12	5pm-6pm	\$88/\$108	Int.
11-2300-1-1-17	6-8	Wed.	8/25-10/13	4pm-5pm	\$88/\$108	Int.
11-2300-1-1-18	6-8	Thurs.	8/26-10/14	5pm-6pm	\$88/\$108	Int.
11-2300-1-1-19	6-8	Sat.	8/28-10/16	2pm-3pm	\$88/\$108	Int.
11-2300-1-1-20	9-13	Wed.	8/25-10/13	8pm-9pm	\$88/\$108	Int.
11-2300-1-1-21	9-13	Fri.	8/27-10/15	5pm-6pm	\$88/\$108	Int.
11-2300-1-1-22	9-13	Sat.	8/28-10/16	1pm-2pm	\$88/\$108	Int.
11-2300-1-1-23	14-18	Mon./Wed.	8/23-10/13	7pm-9pm, Wed.	\$200/\$250	HS/ HSP Prep

No Class: 9/7

7:45-9:45pm Mon



The Adventure Begins Here.



Girls Youth Gymnastics

FALL SESSION 2-*Pre-Registration is Required

Code	Ages	Days	Dates	Time	R/NR Fee	Level
11-2300-1-2-1	6-8	Mon.	10/18-12/13	4pm-5pm	\$99/\$119	Beg.
11-2300-1-2-2	6-8	Mon.	10/18-12/13	5pm-6pm	\$99/\$119	Beg.
11-2300-1-2-3	6-8	Tue.	10/19-12/14	4pm-5pm	\$99/\$119	Beg.
11-2300-1-2-4	6-8	Tue.	10/19-12/14	5pm-6pm	\$99/\$119	Beg.
11-2300-1-2-5	6-8	Wed.	10/20-12/15	4pm-5pm	\$88/\$108	Beg.
11-2300-1-2-6	6-8	Wed.	10/20-12/15	5pm-6pm	\$88/\$108	Beg.
11-2300-1-2-7	6-8	Thu.	10/21-12/16	4pm-5pm	\$88/\$108	Beg.
11-2300-1-2-8	6-8	Thu.	10/21-12/16	5pm-6pm	\$88/\$108	Beg.
11-2300-1-2-9	6-8	Fri.	10/22-12/17	4pm-5 pm	\$88/\$108	Beg.
11-2300-1-2-10	6-8	Fri.	10/22-12/17	5pm-6 pm	\$88/\$108	Beg.
11-2300-1-2-11	6-8	Sat.	10/23-12/18	12pm-1pm	\$88/\$118	Beg.
11-2300-1-2-12	9-13	Tues.	10/19-12/14	5pm-6pm	\$99/\$119	Beg.
11-2300-1-2-13	9-13	Wed.	10/20-12/15	7pm-8pm	\$88/\$108	Beg.
11-2300-1-2-14	9-13	Thurs.	10/21-12/16	4pm-5pm	\$88/\$108	Beg.
11-2300-1-2-15	9-13	Fri.	10/22-12/17	4pm-5pm	\$88/\$108	Beg.
11-2300-1-2-16	6-8	Tues.	10/19-12/14	5pm-6pm	\$99/\$119	Int.
11-2300-1-2-17	6-8	Wed.	10/20-12/15	4pm-5pm	\$88/\$108	Int.
11-2300-1-2-18	6-8	Thurs.	10/21-12/16	5pm-6pm	\$88/\$108	Int.
11-2300-1-2-19	9-13	Sat.	10/23-12/18	2pm-3pm	\$88/\$108	Int.
11-2300-1-2-20	9-13	Wed.	10/20-12/15	8pm-9pm	\$88/\$108	Int.
11-2300-1-2-21	9-13	Fri.	10/22-12/17	5pm-6pm	\$88/\$108	Int.
11-2300-1-2-22	7 +	Sat.	10/23-12/18	1pm-2pm	\$88/\$108	Int.
11-2300-1-2-23	14-18	Mon./Wed..	10/18-12/15	7pm-9pm, Wed.	\$200/\$250	HS/HS Prep

No Class: 11/24, 11/25, 11/26, 11/27

7:45-9:45pm Mon.



Boys Youth Gymnastic Programs

*Pre-Registration is Required FALL SESSION 1

Code	Ages	Days	Dates	Time	R/NR Fee	Level
11-2300-1-1-35	6-8	Mon.	8/23-10/11	5 pm-6 pm	\$77/\$97	Beg.
11-2300-1-1-36	6-8	Wed.	8/25-10/13	5pm-6pm	\$88/\$108	Beg.
11-2300-1-1-37	6-8	Wed.	8/25-10/13	7pm-8pm	\$88/\$108	Beg.
11-2300-1-1-38	6-8	Sat.	8/28-10/16	12pm-1pm	\$88/\$108	Beg.
11-2300-1-1-39	9-13	Mon.	8/23-10/11	8pm-9pm	\$77/\$97	Beg.
11-2300-1-1-40	9-13	Fri.	8/27-10/15	5pm-6pm	\$88/\$108	Beg.
11-2300-1-1-41	9-13	Sat.	8/28-10/16	1pm-2pm	\$88/\$108	Beg.
11-2300-1-1-42	7+	Wed.	8/25-10/13	7pm-8pm	\$88/\$108	Int.
11-2300-1-1-43	7+	Sat.	8/28-10/16	2pm-3 pm	\$88/\$108	Int.

No Class: 9/6

Boys Youth Gymnastic Programs

*Pre-Registration is Required FALL SESSION 2

Code	Ages	Days	Dates	Time	R/NR Fee	Level
11-2300-1-2-35	6 - 8	Mon.	10/18-12/13	5pm-6 m	\$99/\$119	Beg.
11-2300-1-2-36	6 - 8	Wed.	10/20-12/15	5pm-6pm	\$88/\$108	Beg.
11-2300-1-2-37	6 - 8	Wed.	10/20-12/15	7pm-8pm	\$88/\$108	Beg.
11-2300-1-2-38	9 - 13	Sat.	10/23-12/18	12pm-1pm	\$88/\$108	Beg.
11-2300-1-2-39	9 -13	Mon.	10/18-12/13	8pm-9pm	\$99/\$119	Beg.
11-2300-1-2-40	9 -13	Fri.	10/22-12/17	5pm-6pm	\$88/\$108	Beg.
11-2300-1-2-41	9 -13	Sat.	10/23-12/18	1pm-2pm	\$88/\$108	Beg.
11-2300-1-1-42	7+	Wed.	10/20-12/15	7pm-8pm	\$88/\$108	Int.
11-2300-1-1-43	7+	Sat.	10/23-12/18	2pm-3pm	\$88/\$108	Int.

No Class: 11/24, 11/25, 11/26, 11/27



Girls Advanced and High School Gymnastics Programs

Advanced Girls

The Advanced Girl's Gymnastic class follows the 10 level Junior Olympic programs which are regulated by USA Gymnastics (USAG), our sport's governing body. We currently train athletes in the events specific to their needs and wants, whether is be all-around or just focus on one event. Training is based on the USAG levels 4-9 and High School (IHSA). This class is designed for advanced girls 7 years and older who desire to become gymnasts.

High School Girls (Instructor consent required)

The High School Girls Team class is for girl's grades 9-12 who compete on their high school gymnastics team. The gymnasts will be trained to maximize their personal potential to compete according to the Illinois High School Association (IHSA) requirements. Fees will be prorated when high school gymnastics season overlaps the park district schedule.

Girl's Gymnastic Team

The Girl's Gymnastic Team follows the 10 level Junior Olympic programs which are regulated by USA Gymnastics (USAG), our sport's governing body. We currently train athletes who compete USAG levels 4-9 and High School (IHSA). The team travels to competitions with other park districts and gymnastics clubs. Pre-requisite for joining the team is successful completion of Pre-team training and/or an evaluation by the team director. Team fees are charged on a monthly basis. For more information contact David Ray.

Thor Guard Lightning Prediction System "A Proactive Solution for Lightning Safety"

Thor Guard operates 7 days per week, 8:00am - 11pm from April through November.

A warning horn will sound a 15 second blast when a potentially dangerous weather situation is approaching.

Clear the field immediately and seek proper shelter.

Wait for the ALL CLEAR (3 short blasts).

If no all clear signal sounds after 20 minutes please leave the program.

This policy applies to all outdoor programming for youth and adults.

