

SPORTS R US

All-Star Sports

We have found this exciting class to be just what you need to introduce your child to the world of sports. We play a different sport each week, which includes basketball, soccer, football, floor hockey, t-ball, and much more, all while using only scaled down equipment. We go over the basic skills and rules of each sport and play a fun game at the end of each class. Class meets at the Community Center.

Code	Ages	Day	Dates	Time	R/NR Fee
11-2520-1-2-1	3-4	Tues.	11/2-12/7	5:30pm-6:15pm	\$52/\$72



Lil Pint Basketball

Miniature basketballs and five-foot hoops make this class the perfect introductory class for that future basketball star. By doing simple drills, kids will become familiar with passing, dribbling, shooting, and the basic rules of the game. Teamwork, participation, and good sportsmanship are all stressed through the game we play at the end of each class. Class meets at the Community Center.

Code	Ages	Day	Dates	Time	R/NR Fee
11-2520-1-2-2	4-6	Tues.	11/2-12/7	6:15pm-7:00pm	\$52/\$72



Soccer & T-Ball Combo

This class is a perfect for kids who are full of energy and parents who are looking of an introduction to t-ball and soccer. Socialization, teamwork, following directions, key motor skills and having fun will be the focus in this non-competitive environment. For the two weeks of class we will focus on t-ball and the second two weeks we will work on soccer skills. The last two classes will be a fun game of each sport. A fun game will be played at the end of each class.

Code	Ages	Day	Dates	Time	R/NR Fee
11-2520-1-1-1	3-4	Tues.	9/14-10/19	5:30pm-6:15pm	\$52/\$72



Lil Pint Soccer

This is the perfect class for the first timers! All the basic skills of dribbling, passing, shooting, and goaltending will be taught in a non-competitive environment. Teamwork, participation, and good sportsmanship are stressed. Both boys and girls are encouraged to join this class if they have an interest in soccer and plan to play in the future. Be just like big brother or sister! A 'game' will be played at the end of each class.

Code	Ages	Day	Dates	Time	R/NR Fee
11-2520-1-1-2	4-6	Tues.	9/14-10/19	6:15pm-7:00pm	\$52/\$72

Dodge Ball Leagues

Chicagoland's largest dodge ball league is coming to Rolling Meadows Park District.

This fall, Mark Miller, creator of the popular Munchkin Program of youth sports, is bringing one of America's favorite games to Rolling Meadows, and giving residents of all ages a chance to have fun and help inner city youths. Other communities in the league are Winnetka, Barrington, Lemont, Hoffman Estates, Chicago, & Highwood. Finals will be held at the Winnetka Community House.

The league is set up to allow groups of almost any kind to form teams and compete.. Some leagues are even geared toward parents and children together, giving parents an opportunity to spend quality time with their child through sports.

All leagues enforce safety issues. All games are played with soft, spongy balls. Teams must have 6-10 players and games last 30-45 minutes.

Code	Ages	Day	Dates	Time	R/NR Fee
11-2520-1-1-5	6-8	Sun.	9/12-10/31	2:00pm-2:30pm	\$65/\$85
11-2520-1-1-6	9-13	Sun.	9/12-10/31	2:30pm-3:15pm	\$65/\$85
11-2520-1-1-7	10+	Sun.	9/12-10/31	3:15pm-4:00pm	\$65/\$85



Tot Sports Programs . . .

Archery

Learn the basics of a recurve bow in a safe environment. A nationally recognized 9 step program is taught. Blunt tipped arrows, bows, and targets are provided. Both technique and games will be a part of this class.

Session I

Code	Ages	Day	Dates	Time	R/NR Fee
11-2520-1-1-10	10+	Thurs.	9/16-10/21	7:30-8:15pm	\$45/\$65
11-2520-1-1-9	7-9	Thurs.	9/16-10/21	6:45-7:30pm	\$45/\$65
Adult and Child					
11-2520-1-1-8	6+	Thurs.	9/16-10/21	6:00-6:45pm	\$45/\$65

Session II

Code	Ages	Day	Dates	Time	R/NR Fee
11-2520-1-2-10	10+	Thurs..	11/4-12/16	7:30-8:15pm	\$45/\$65
11-2520-1-2-9	7-9	Thurs.	11/4-12/16	6:45-7:30pmpm	\$45/\$65
Adult and Child					
11-2520-1-2-8	6+	Thurs.	11/4-12/16	6:00-6:45pm	\$45/\$65
No class on 11/25					



Sign-Up NOW for Soccer FUN
In AYSO Region 214
Everyone Plays®...Everyone Wins!

Safe, affordable...and memories that last a lifetime. AYSO has been the first name in youth soccer since 1964. Every child plays at least 50% of EVERY game!

WHO: Boys & Girls, Ages 4 thru 18
WHAT: Learn & Play Soccer!
WHERE: Rolling Meadows Community Center
WHEN: Tuesday Nights 6:30 – 7:30
 July 6, 13, 20, 29
COST: \$80
Includes: 9 Weeks of Games, Uniform, Trophy, & More!

For Complete Registration Information, visit
aysoregion214.clubspaces.com
 or call Rob Temple @ 647-368-9798

Don't Delay – Register Now!

Northwest Special Recreation Association

Exists to provide outstanding opportunities
 through recreation for children and adults with disabilities.



Join the celebration! The team of full-time Therapeutic Recreation professionals and trained part-time staff at the Northwest Special Recreation Association (NWSRA) offer safe, fun and quality year-round opportunities to individuals with disabilities of all ages and ability levels. Benefit from increased self esteem, physical and social skills development, and improved fitness and health while experiencing new challenges, making friends, and having fun! After school, evening and weekend activities feature cooperative sports and games, individuals and team sports, arts and crafts, fitness, cooking, creative arts, and drama. Energizing camps, trips, and special events add to the excitement. Inclusion assistance provides individuals with disabilities the opportunity to participate in their home park district program. When registering, the parent of the individual should inform the park district (and NWSRA, if desired) of any accommodation needed in order for the individual to successfully enjoy the program. The park district staff will then contact NWSRA for assistance with the accommodation. For more information on NWSRA, check out www.nwsra.org. Brochures may also be picked up at the park district main office or at the NWSRA office at Park Central, 3000 W. Central Road in Rolling Meadows. NWSRA may be contacted at 847/392-2848 (voice), 392-2855 (TTY) or 392-2870 (fax).

The Rolling Meadows Park District is a member of a cooperative agreement among 17 park districts which form the Northwest Special Recreation Association (NWSRA).



Important Dates:

Discount!!

\$10 off if signed up before 9/5

Registration Deadlines:

Girls Basketball	Monday, October 4
Boys Basketball	Monday, November 8
Jammers Basketball	Monday, November 8

Evaluation Dates:

Girls Basketball	Thursday Sept. 30th	Time is TBA
Boys Basketball:	Listed below	
Jammers	Sat. Nov. 20	9:30am
3rd/4th Grade	Tue. Nov. 16th	6:30pm
5th/6th Grade	Wed. Nov. 17th	6:30pm
7th/8th/9thGrade	Thu. Nov. 18th	6:30pm

All players must attend. Coaches will draft teams immediately following evaluations. (contact David Ray 847-818-3200 x223 if you can't make evaluations)

Practice Start Dates:

Girls Basketball	Saturday, November 13
Boys Basketball	Week of November 29th
Jammers Basketball	TBA

Game Start Dates:

Girls Basketball	Saturday, TBA
Boys Basketball	Saturday, December 18th

No Games Christmas Break



Jammers Basketball (1st and 2nd grade)

This 1st and 2nd grade basketball league for girls and boys will emphasize the enjoyment of the sport, as well as teach the basic skills needed to participate. Players will be given uniforms the first week of the season, please specify jersey size on registration form.)

Code	Ages	Days	Dates	Time	R/NR Fee	Loc.
11-2460-1-2-1	7-8	Sat.	11/16-3/5	9:00am	\$125/\$155	CC/CLA

CC- Community Center

CLA - Conyers Learning Academy

Boys Basketball

This is a development league with the focus being skill building and social interaction. The boys will learn rules, develop an understanding of the game and build on fundamentals. They will work on individual skills, as well as game situations and strategies. Good sportsmanship and fun will be the emphasis of this league. All boys will play at least one half of each game, and players of all skill level will benefit. Practices will be held once during the week and games will be played on Saturdays. Players will be given uniforms the first week of the season, please specify jersey size on registration form.)

Code	Grade	Dates	Time	R/NR Fee	Loc.
11-2460-1-2-2	3rd/4th	12/19-3/6	10:00-Noon	\$135/\$165	CC/CLA/CSJH
11-2460-1-2-3	5th/6th	12/19-3/6	9:00-Noon	\$135/\$165	CC/CLA/CSJH
11-2460-1-2-4	7th/8th/9th	12/19-3/6	11:00-2:00	\$135/\$165	CC/CLA/CSJH

CC- Community Center

CLA - Conyers Learning Academy

CSJH - Carl Sandburg Junior High

Girls Basketball

This is a development league with the focus being skill building and social interaction. The girls will learn rules, develop an understanding of the game and build on fundamentals. They will work on individual skills, as well as game situations and strategies. Good sportsmanship and fun will be the emphasis of this league. All girls will play at least one half of each game, and players of all skill levels will benefit. Practices will be held once during the week and games will be played on Saturdays. Players will be given uniforms the first week of the season, (please specify jersey size on registration form.)

Code	Grade	Dates	Time	R/NRFee
11-2460-1-2-5	3rd/4th	10/20-3/6	10:00-Noon	\$135/\$165
11-2460-1-2-6	5th/6th	10/20-3/6	9:00-Noon	\$135/\$165
11-2460-1-2-7	7th/8th	10/20-3/6	11:00-2:00	\$135/\$165

ALL GAMES PLAYED AT PALATINE SCHOOLS

Open Gym - Free

This is a drop in open gym time to play basketball with friends.

Age Level	Days	Dates	Time
Grade School	Mon./Wed.	11/29-3/25	3-5pm
Junior High	Mon./Wed.	11/29-3/25	3-5pm
High School	Tue./Thu.	11/29-3/25	3-5pm

ALL OPEN GYM IS PLAYED AT THE COMMUNITY CENTER



Basketball . . .

High School Basketball League

Get a team together and compete in this popular intramural league for sophomores through seniors not involved with their high school teams. Must register as a team.

Code	Grade	Days	Dates	Time	R/NR Fee
11-2460-1-2-8	Soph-Sen.	Wed.	1/12-3/10	6-10pm	\$300/\$375

Program is held at the COMMUNITY CENTER

Code of Conduct

All participants are expected to exhibit appropriate behavior at all times while participating, spectating or attending any program or activity sponsored at the Rolling Meadows Park District. This includes participation in programs which may or may not require an admission fee, spectating at athletic events, concerts or attending special events. The following guidelines are designed to provide safe and enjoyable activities for all participants. Additional Codes of Conducts may apply for particular programs such as day camps, sports programming and athletic leagues.

Participants/Parents shall:

- *Show respect to all participants, officials and program staff and/or supervisors.
- *Take direction from program staff and/or supervisors.
- *Refrain from using abusive or foul language.
- *Refrain from causing bodily harm to self, other program participants or program staff/supervisors.
- *Refrain from damaging equipment, supplies and facilities.

Elite Basketball Boys Travel Leagues

Sponsored and coach by the Northwest Youth Sports Association. Additional fees will apply. Tryout dates are TBA.

Code	Grades	Days	Dates	Time	R/NR Fee
11-2460-1-1-10	5th/6th	Asst.	10/20-5/26	Asst.	\$250/\$300
11-2460-1-1-11	7th/8th	Asst.	10/20-5/26	Asst.	\$250/\$300

Contact: David Ray for more information regarding practice and game locations. (847) 818-3220 ext. 223



Investing . . .

Savings for College

Many parents wait to start thinking about saving for college and regret not starting earlier. Learn strategies on how to reduce your costs, the pros and cons of various college savings options and what you need to know to get started today!

All materials supplied by Instructor Rob Bauer from Waddell & Reed.

Loc: RM Community Center

Code	Day	Date	Time	R/NR Fee
11-3700-1-1-7	Wed.	9/29	1:00-2:30	\$5/7
11-3700-1-2-7	Thurs.	10/14	6:30-8:30	\$5/7

Investment Strategies and Savings

You understand the basics. Now you want to make that money work harder for you. This course walks you through measuring risk, what is asset allocation and how to develop a long term investment strategy. All materials supplied by instructor Rob Bauer from Waddell & Reed.

Loc: RM Community Center

Code	Day	Date	Time	R/NR Fee
11-3700-1-1-9	Wed.	11/10	7:00-9:00	\$5/7

