

Frank Sacks Tennis Camps, Inc. has provided quality professional tennis programs for more than 30 years at rates well below clubs and resorts. Thousands have enjoyed learning and improving their tennis skills through our programs. The experienced FSTC staff is certified through the United States Professional Tennis Association and the Professional Tennis Registry.

Spring Outdoor Quick Start Programs

Quick Start Tennis is used to help develop skills and play tennis games utilizing smaller sized rackets, low compression tennis balls and smaller court sizes. This program develops proper techniques which helps students of all ages progress at a faster pace.

| Plum Grove | Class Dates: 4/16-5/21 | | | 6 Weeks | |
|------------|------------------------|-------------|-----|------------|----------------|
| Code # | Day | Time | Age | Fee R/NR | Level |
| 13-9501 | Mon. | 3:45-4:30pm | 4-6 | \$90/\$110 | Pee Wee |
| 13-9502 | Mon. | 4:30-5:30pm | 7-9 | \$90/\$110 | Beginner |
| 13-9503 | Mon. | 5:30-6:30pm | 10+ | \$90/\$110 | Beg./Adv. Beg. |

| Plum Grove | Class Dates: 4/18-5/30 | | | 7 Weeks | |
|------------|------------------------|-------------|-----|-------------|----------------|
| Code # | Day | Time | Age | Fee R/NR | Level |
| 13-9504 | Wed. | 3:45-4:30pm | 4-6 | \$104/\$134 | Pee Wee |
| 13-9505 | Wed. | 4:30-5:30pm | 7-9 | \$104/\$134 | Beginner |
| 13-9506 | Wed. | 5:30-6:30pm | 10+ | \$104/\$134 | Beg./Adv. Beg. |

Loc.: Plum Grove Park, 4001 Park Drive, Palatine

Spring Outdoor Junior Tennis Camps

This popular program, now in its 31st year, offers professional instruction and gives students the opportunity to progress at a much faster rate than in the regular lesson setting. All aspects of the game of tennis are covered: stroke production, singles and doubles strategy, conditioning, sportsmanship, footwork, shot selection, mental training, and match play. An individualized player profile is included.

For Offsite Classes, Dates & Times

For more info on the location, dates, times and pricing of our many offsite classes, please contact Frank Sacks Tennis Camps. at 847-933-0002 or Wendy McKinney at the Rolling Meadows Park District at 847-397-4800 or online at www.franksackstennis.com.

Please bring a tennis racket, gym shoes and water to all classes. Tennis balls and other instructional equipment will be provided.

Rain Hotline 847-933-9130

Visit our website at www.franksackstennis.com for information on when make-ups will be held. Click on the tab, "Rain/Make-up info" and then scroll down to Rolling Meadows and find your class. All make-ups will be posted as soon as the information becomes available.

Private & Semi-Private Tennis Lessons

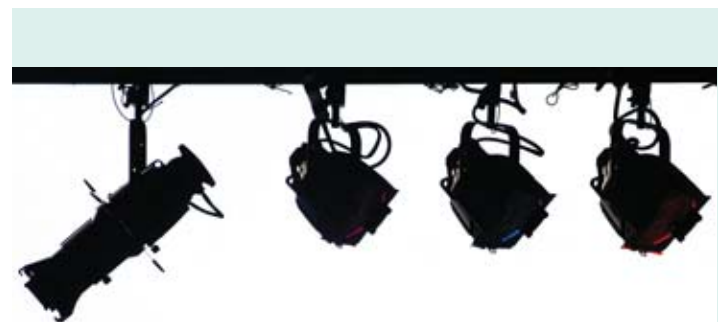
Private and Semi-Private tennis instruction is the ultimate way to improve your tennis skills and accelerate your game. Our experienced staff are helpful, knowledgeable, caring and are selected and trained by Frank Sacks. We will help you find the proper instructor to meet your individual needs and goals.

Adult Spring Tennis Programs

Our adult programs are designed to help all level of players improve their tennis game. All strokes will be covered including volleys, ground strokes, serves, lobs, and overheads as well as variations of grips and spins depending on the class level.



Community Center Open Gym Hours: Basketball
 3-5pm, Open Gym ends 4/26
 1st - 8th Grade: Mon. & Wed., High School: Tue. & Thu.
FREE



Save The Date For *Spotlight Showcase!*
March 17
Community Center
 More information available on page 4.